

ALL TSR organized activities are for members only.

By signing up for an event, members agree to the waiver included at the top of the Signup page and also agree to abide by the procedures for our activities.

SUNDAY, SEPTEMBER 1 — Ramapo Mountain State Forest, Oakland, NJ - rescheduled to September 2

Leader: Philip Ross, cell 732-221-9668, skyking72@gmail.com

Start: 9:30 AM. Strenuous 9-mile lollipop loop hike at a brisk pace (2+mph) with 1600 feet elevation gain on the Macevoy (Blue), Lookout (Red), Wanaque Ridge (Orange) and Castle Loop (White) trails. Not for beginners; steep and rocky sections. Early out possible. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

Directions: See TSR Directions, Lower Lot.

MONDAY, SEPTEMBER 2 — Lewis Morris Park, Morristown, NJ

Leaders: Stan and Bev Kaltnecker, cell 201-602-4074, kaltnecs1@aol.com

Start: 9:30 AM. We will hike Patriots' Path along the Whippany River and then into a short reach of the Dismal Harmony Natural Area before our return – a total of about 3 miles through woods and basically flat terrain. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

Directions: See TSR Directions #2, Sunrise Lake, at the top of the 1st parking lot on the left.

MONDAY, SEPTEMBER 2 — Abram Hewitt State Forest, Hewitt, NJ - rescheduled from August 30

Leader: Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, shereestarrett@yahoo.com

Start: 9:00 AM. The hike will be approximately seven miles with 1500 feet of elevation gain at the leader's moderate pace. This is not an easy hike, but the views are worth the effort. Boots/poles recommended. Bring: lunch, adequate water, insect repellent, sunscreen. Please note early start time. This is not a typical Monday hike.

Directions: We will be starting from a small pull-out on Warwick Turnpike. Use these coordinates in your GPS: 41.157511, -74.36748. Google Maps calls it "Quail trailhead." It is a small pull out on the right hand side traveling west. In the parking turnout, you'll see a hikers' sign which marks the black-square-on-blue-blazed Terrace Pond North Spur. If there isn't room, parking should be available in two other small pullouts. The trail head is on Warwick Turnpike west of Tractor Supply store. Continue west on Warwick Turnpike and go past the Highlands Preserve Parking Lot, which will be on your right. Continue west, past the Jeremy Glick trailhead. If you aren't sure of the directions, contact the leader before the day of the hike.

MONDAY, SEPTEMBER 2 — Ramapo Mountain State Forest, Oakland, NJ - rescheduled from September 1

Leader: Philip Ross, cell 732-221-9668, skyking72@gmail.com

Start: 9:30 AM. Strenuous 9-mile lollipop loop hike at a brisk pace (2+mph) with 1600 feet elevation gain on the Macevoy (Blue), Lookout (Red), Wanaque Ridge (Orange) and Castle Loop (White) trails. Not for beginners; steep and rocky sections. Early out possible. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

Directions: See TSR Directions, Lower Lot.

TUESDAY, SEPTEMBER 3 — Shepherd Lake, Ringwood, NJ

Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com

Start: 10:00 AM. This will be a 7- to 8-mile moderately paced hike in Ringwood State Park. We will climb up Mt. Defiance on the red trail, continue on much of the Five Ponds loop, and return on the red trail. There are three major ascents, about 1,000 feet total elevation gain. Portable facilities available. Boots/poles recommended. Bring: lunch, water.

Directions: Park in the upper lot (not down by the lake).

WEDNESDAY, SEPTEMBER 4 — Washington Valley Park, Martinsville, NJ

Leader: Debby Bronner, cell 201-563-1648, debbybrunner@gmail.com

Start: 10:00 AM at the parking lot for Washington Valley Park, Martinsville. We will hike 5 miles along two trails. The first trail will end back at the parking lot, so there is an easy out after 3 miles. Small elevation gain. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water.

THURSDAY, SEPTEMBER 5 — Tuxedo Circular, Harriman State Park, NY

Leader: Anastasia Tavarez, cell 646-207-4136, atavare@gmail.com

Start: 9:00 AM. This is a strenuous 10-mile Deep Hollow to Lake Skenonto loop hike with 1900 feet of elevation gain. Parking charge of \$3.00. Please download the ParkMobile app before coming on this hike as you will need to create an account to pay. Boots/poles recommended. Bring: lunch, water. Please note early start time.

ALT. THURSDAY, SEPTEMBER 5 — Watchung Reservation, Berkeley Heights, NJ - cancelled

Leader: Ken Donhauser, cell 732-616-7409 for day of event only, kendonhauser@gmail.com

Start: 10:00 AM. This is a 4.5-mile hike on the White Trail. There is one uphill with various outs if needed. Portable facilities available. Boots/poles recommended. Bring water.

Directions: See TSR Directions #2, Seeley's Pond.

ALT. THURSDAY, SEPTEMBER 5 — South Mountain Reservation, Millburn, NJ - cancelled

Leader: Donna Burkat, cell 973-454-5635, busrboes813@yahoo.com

Start: 9:30 AM. This is a 5-mile hike at a moderate pace with gradual up and down hills. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

Directions: See TSR Directions #2, Dogwood Hillside.

ALT. THURSDAY, SEPTEMBER 5 — Norvin Green State Forest, Ringwood, NJ - added hike

Leader: Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, shereestarrett@yahoo.com

Start: 9:30 AM. We will hike 6 - 7 miles and climb approximately 1000 feet, at the leaders' moderate pace. Exact route will be determined by the weather and conditions on the ground. We may pass one of the park's less frequently visited waterfalls. Note: cell service is very poor/nonexistent at the trailhead. Boots/poles recommended. Bring: lunch, adequate water, bug spray, sunscreen. Please note early start time.

Directions: See TSR Directions #4, New Weis Center.

FRIDAY, SEPTEMBER 6 — Lake Tiorati, Harriman State Park, NY - added hike

Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com

Start: 9:30 AM. This strenuous 9- to 10- mile hike takes the RD past the Brien Shelter to Silvermine Lake for lunch. We then continue on the Menomine trail to the Long Path, via a detour to the Cave Shelter, passing the Stockbridge shelter on our way back to Lake Tiorati. 1500 feet elevation gain with some steep ups and downs but generally rolling terrain. Facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.



FRIDAY, SEPTEMBER 6 — Bayside Pier Parking Lot, Seaside Heights, NJ - cancelled

Leader: Linda Lang, cell 973-960-7421, allinkcorp@aol.com

Start: 10:30 AM. Easy put in at the shoreline of Cranberry Bay, a section of Barnegat Bay. Paddle down lagoons and in and around the grassy islands of Seaside Heights and Ortleigh Beach. We will pull over for lunch on a sand island. Afterwards we can take a ride to Seaside Park Boardwalk for a walk along the ocean and enjoy some frozen custard, taffy or a bite at the Sawmill. Facilities available. Bring: lunch, snack, water, bug spray, hat. See Paddling General Instructions; a personal flotation device MUST BE WORN. Please note later start time.

Directions: Garden State Parkway South to Exit 82 for Rte. 37 East for 6 or 7 miles. Follow sign for Rte. 35 North. You will see the pier to your left. Drive past it to U turn by ACME, which will put you on Rte. 35 South, with the pier on the right. Pull in lot and park away from the pier towards bridge.



FRIDAY, SEPTEMBER 6 — Lake Musconetcong, Netcong, NJ - rescheduled from August 30

Leader: Jean Fletcher, 973-285-5263, cell 973-452-1567 for day of event only, jrfletc@optonline.net

Start: 10:00 AM. We will circle this pretty, small lake. Weeds are cleared regularly. Abundant wildlife. Lunch at a local park along the shore. Portable facilities available. Bring: lunch, water, bug spray, sun protection. See Paddling General Instructions; a personal flotation device MUST BE WORN.

Directions: On I-80 West, take Exit 27A, or on I-80 East, Exit 27B, for Rte. 183 North, Netcong. Follow ramp using Netcong signs to traffic light at Rte. 46. Go straight onto 183 North and drive short distance into Netcong. At next traffic light turn right on Allen St. Turn left in 50 yards into driveway/parking area of the municipal park/boat launch. If coming from the North use 183 South to the Allen St. intersection.

SATURDAY, SEPTEMBER 7 — Shepherd Lake, Ringwood, NJ - rescheduled to September 8

Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 for day of event only, no texts please, jaydib41090@peoplepc.com

Start: 10:00 AM. Hike 6 miles over mostly hilly, rocky terrain. Not for beginners. Facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.

Directions: Follow TSR directions, but park in the upper parking area.

SUNDAY, SEPTEMBER 8 — South Mountain Reservation, West Orange, NJ - cancelled

Leader: Brooke Tippens, cell 973-902-5650, brooketippens@gmail.com

Start: 9:30 AM. This will be a 4 to 5 mile hike on leader's choice of trails. Suitable for fit beginners. Portable facilities available. Boots/poles recommended.

Bring: snack, water, sunscreen, hat. Please note early start time.

Directions: See TSR Directions #9, Turtle Back Rock.

SUNDAY, SEPTEMBER 8 — Shepherd Lake, Ringwood, NJ - rescheduled from September 7

Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 for day of event only, no texts please, jaydib41090@peoplepc.com

Start: 10:00 AM. Hike 6 miles over mostly hilly, rocky terrain. Not for beginners. Facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.

Directions: Follow TSR directions, but park in the upper parking area.

SUNDAY, SEPTEMBER 8 — South Mountain Reservation, West Orange, NJ - added hike

Leader: Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, shereestarrett@yahoo.com

Start: 9:00 AM Hike four to five miles at a moderate pace over rolling hills. Portable facilities available. Boots/poles recommended. Bring: snack/very light lunch, water, bug spray, sunscreen. Please note early start time.

Directions: See TSR Directions #9, Turtle Back Rock.

MONDAY, SEPTEMBER 9 — Colonial Park, Somerset, NJ

Leader: Jeff Bross, 732-545-9841, cell 732-991-6560, jeff1hike@gmail.com

Start: 10:00 AM. Very flat 3-4 miles starting in Colonial Park and hiking along the D&R Canal Towpath. Facilities available. Bring water.

Directions: See TSR Directions #2, Parking Lot A/Rose Garden.

MONDAY, SEPTEMBER 9 — Reeves Meadow, Harriman State Park, NY - added hike

Leader: Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, shereestarrett@yahoo.com

Start: 9:30 AM. This will be a 5- to 7- mile hike with up to 1200 feet elevation gain at the leader's moderate pace. Early outs are available. Exact route will depend on the weather and trail conditions. Facilities available. Boots/poles recommended. Bring: lunch, water, insect repellent, sunscreen. Please note early start time. This is NOT a typical Monday hike.

TUESDAY, SEPTEMBER 10 — Hartshorne Woods, Atlantic Highlands, NJ

Leader: Louis Thompson, cell 732-239-1012, ltpt1@yahoo.com

Start: 10:00 AM. This will be a 6- to 7-mile hike at a moderate pace on the Rocky Point and Grand Tour trails. We will also pass by an historic gun battery, the Navesink River, and views of the Atlantic Ocean. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

Directions: See TSR Directions #2, Rocky Point.

TUESDAY, SEPTEMBER 10 — Pequannock Watershed, West Milford, NJ - added hike

Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com

Start: 10:00 AM. Hike about 6 miles at a moderate pace with lunch at scenic Terrace Pond. Option to do the full loop around the pond, adds about a mile. Steep, rocky downhill section on the return after lunch. Boots/poles recommended. Bring: lunch, water.

Directions: See TSR Directions for Pequannock Watershed, P-7.



TUESDAY, SEPTEMBER 10 — White Lake, Blirstown, NJ - change in start time

Leader: Linda Lang, cell 973-960-7421, allinkcorp@aol.com

Start: 10:00 AM. This is FREE-of-charge. For one hour, kayaks, paddles and PFDs will be provided to you. There will be time slots of 10:00, 11:00 and 12:00 pm. There are 4 single kayaks and 2 tandems. Only 8 at a time can go out, a total of 24 over the course of the evening. Kayakers will be out for an hour. First come, first served. The White Lake Natural Resource Area is a beautiful 396-acre preserve. The park's most notable feature, White Lake, is a deep 69-acre spring-fed water body. The lake is named after the white chalky marl bottom which is composed of freshwater mollusk shells and clay. There are also picnic tables set up in this beautiful area overlooking the lake. Portable facilities available. Bring: lunch/dinner, water, bug spray. See Paddling General Instructions; a personal flotation device MUST BE WORN.

WEDNESDAY, SEPTEMBER 11 — Colonial Park, Somerset, NJ

Leader: Linda Hetcher, cell 973-769-1773, linda.hetcher@gmail.com

Start: 10:00 AM. The hike will be over flat terrain on a wide path along the D&R Canal. It will be 4.5 to 5 miles in length. We will begin at the bridge from parking lot A and travel half the distance heading north and the other half heading south. Attendees can decide to complete all or part of the hike as there is an easy out as we return to the bridge midway. Facilities available. Bring: snack, water.

Directions: See TSR Directions #2, Parking Lot A/Rose Garden.

THURSDAY, SEPTEMBER 12 — Kakiat County Park, Montebello, NY

Leader: Dean Leistikow, 908-789-9413, cell 908-451-5192 for day of event only, leistikow@fordham.edu

Start: 9:30 AM. Moderately strenuous hike, approximately 8 miles and 1600 ft elevation gain. Start on Kakiat and SBM trails, around Pine Meadow Lake, up to Raccoon Brook Hill, and back on Kakiat. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

ALT. THURSDAY, SEPTEMBER 12 — Pyramid Mountain, Montville, NJ - change in hike

Leader: Paul Augustyniak, cell 973-219-4807, pAugust586@aol.com

Start: 10:00 AM. We will hike 5.2 miles at a social pace with 810 ft of elevation change. Boots/poles recommended. Bring: lunch, water, bug spray.

Directions: See TSR Directions #3, Kincaid Parking.

FRIDAY, SEPTEMBER 13 — Johnstown Road, Harriman State Park, NY

Leader: Jodi Ordovery, cell 201-264-4206, jodi.ordover@gmail.com

Start: 10:00 AM. Moderately strenuous 7-mile hike with 1,100 feet elevation gain. Boots/poles recommended. No facilities available. Bring: lunch, water, bug spray.

FRIDAY, SEPTEMBER 13 — Oak Ridge Track and Field, Clark, NJ - added hike

Leader: Ken Donhauser, cell 732-616-7409 for day of event only, kendonhauser@gmail.com

Start: 10:00 AM. 3+ miles on a Flat, paved former Golf Course walkway. MONDAY Level Moderate pace, Sneakers Okay.

Directions: Garden St Pkwy to EXIT 135, North on Central Ave for 0.3 miles then left on Raritan Rd for 2.5 miles to 220 Oak Ridge Park, main parking lot.

SATURDAY, SEPTEMBER 14

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

SUNDAY, SEPTEMBER 15 — Silver Mine, Harriman State Park, NY

Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 for day of event only, no texts please, jaydib41090@peoplepc.com

Start: 10:00 AM. 5 miles over both flat and hilly terrain, much of it along the AT. Some nice views. No facilities available. Boots/poles recommended. Bring: lunch, water.

MONDAY, SEPTEMBER 16 — South Mountain Reservation, West Orange, NJ - change in leader

Leader: Stan and Bev Kaltnecker, cell 201-602-4074, kaltnecs1@aol.com

Start: 10:00 AM. This is a 3-mile hike with an initial small hill to the bridge to Hemlock Falls and then continuing along flat trails. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

Directions: See TSR Directions #8, Tulip Springs.

TUESDAY, SEPTEMBER 17 — Cooper Mill, Chester, NJ - change in hike

Leader: Debby Bronner, cell 201-563-1648, debbybronner@gmail.com

Start: 10:00 AM at the parking lot for Cooper Gristmill for a 5-mile hike along the Black River. Elevation gain approximately 500'. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray.

WEDNESDAY, SEPTEMBER 18 — Allamuchy Mountain State Park, Stanhope, NJ

Leaders: Stan and Bev Kaltnecker, cell 201-602-4074, kaltnecs1@aol.com

Start: 10:00 AM. This 4.5- to 5-mile hike will be on the Sussex Branch and side trails such as Byram, Highland, white trail, etc.(leaders' choice). There may be a stream crossing and mild hills. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

Directions: See TSR Directions #3, North Allamuchy.

THURSDAY, SEPTEMBER 19 — Reeves Meadow, Harriman State Park, NY

Leader: Louis Thompson, cell 732-239-1012, ltp1@yahoo.com

Start: 9:30 AM. Moderately strenuous 8 to 9 miles with ~1,600 ft. gain on the Pine Meadow, Kakiat, Raccoon Brook and either Reeves Brook or Seven Hills trails. Facilities available. Boots/poles recommended. Bring: lunch, snack, water. Please note early start time.

ALT. THURSDAY, SEPTEMBER 19 — Ted Stiles Preserve, Titusville, NJ - change in hike

Leader: Gordon Thomas, cell 609-977-0267 for day of event only, thomasg0608@gmail.com

Start: 10:00 AM. A 5-mile hike with two ascents and about 600' elevation gain with a view of the Delaware River and Washington's Crossing area at lunch. We will hike at a socially moderate pace (not fast), with an early out. Facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.

Directions: Meet at hiker's Parking Lot off Fiddler's Creek Rd. (near 90 Fiddler's Creek Road) at sign for Bald Pate Mountain (AKA Ted Stiles Preserve) Titusville, NJ (40.31719436985521, -74.88874211881817) (Not the nearby main driveway to Visitor's Center).

FRIDAY, SEPTEMBER 20 — Norvin Green State Forest, Ringwood, NJ

Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com

Start: 10:00 AM. This hike of about 6 miles will go to High Point as well as the Roomy Mine. Boots/poles recommended. Bring: lunch, water.

Directions: See TSR Directions #4, New Weis Center.



FRIDAY, SEPTEMBER 20 — Meadowlands Estuary Paddling Ctr., Secaucus, NJ - change in leader

Leader: Helen Lippman, cell 973-747-2770, helenlipp01@gmail.com

Start: 10:00 AM. We will tour through the Meadowlands estuary, viewing the Manhattan skyline from a unique perspective with a thousand acres of protected wetlands in the foreground. Our guide will be a volunteer from the Hackensack River Keepers organization. We will look for herons, egrets, shorebirds, ducks, and other birds. Bring your binoculars or borrow a pair from the paddling center. The tour is approximately 2 ½ hours. Cost - \$30 for single kayaks, \$70 for tandem kayaks. 12 singles and 4 tandems are available. Rental includes life vests and paddles. Payment can be made on site using cash, all credit cards, and Apple Pay. \$20 if you bring your own kayak. Monday evening Sept. 16th is the cut off date, as we need a head count.

Sept. 20th is predicted for incoming high tide. Paddlers will be able to wander the many meandering creeks and channels. Rain, extremely windy weather,

or rough currents will result in moving the trip to Sept. 27. Map of park can be found here – <https://www.hcni.us/parks/laurel-hill-park/>. Click the link for “park brochure” on the website. Facilities available. Bring: lunch, snack, water, bug spray, hat/net. See Paddling General Instructions; a personal flotation device MUST BE WORN.

SATURDAY, SEPTEMBER 21 — Johnsonstown Road, Harriman State Park, NY - change in start time

Leaders: Julie Stanton, cell 917-972-0212 for day of event only, julienyc@msn.com, Jan_Smith, cell 646-734-6995, jan555smith@gmail.com

Start: 8:45 AM. Hike 6 to 7 miles and 1100 ft. on the Blue Disk, Victory and White Bar trails, with a climb up Almost Perpendicular and a visit to Claudius Smith Rock. This is not a hike for beginners. No facilities available. Boots/poles recommended. Bring: snack, water. Please note early start time.

SUNDAY, SEPTEMBER 22 — Norvin Green State Forest, Ringwood, NJ

Leader: Bill LaChance, cell 973-216-8748, bill@wiladvisors.com

Start: 10:00 AM. We will do a 4.7-mile hike at a moderate pace, approx. 2 1/2 hours. There are some uphill climbs, so this may be a challenging hike for a novice. No facilities available. Boots/poles recommended. Bring: snack, water.

Directions: See TSR Directions #2, Manaticut Point.

MONDAY, SEPTEMBER 23 — Watchung Reservation, Mountainside, NJ

Leader: Ken Donhauser, cell 732-616-7409 for day of event only, kendonhauser@gmail.com

Start: 10:00 AM. Hike 3 miles to the Water Tower and Horse Stable. Facilities available. Boots/poles recommended. Bring water. *Directions:* See TSR Directions #1, Trailside Nature *Directions:* See TSR Directions #1, Trailside Nature Center.

TUESDAY, SEPTEMBER 24 — Ramapo Valley County Reservation, Mahwah, NJ - added hike

Leader: Willard Dye, 973-697-6823, cell day of hike only 973-570-7518

Start: 9:30 AM. The hike will be approximately 7 miles long. There is a climb at the beginning but most of the hike is rolling ups and downs so there is little elevation change. The hike should take 3-4 hours depending on the speed of the group. Facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

TUESDAY, SEPTEMBER 24 — Great Swamp, Basking Ridge, NJ - added hike

Leader: Dean Leistikow, cell 908-451-5192, leistikow@fordham.edu

Start: 1:00 PM. This will be a short flat hike of about 2 hours to the back boardwalks. Bring: water, bug spray, sunscreen. Possible side trip afterwards to the nearby Raptor Trust. Please note later start time. This is not a typical Tuesday hike.

Directions: Meet at the Environmental Education Center, 190 Lord Stirling Rd, Basking Ridge, NJ.

WEDNESDAY, SEPTEMBER 25 — Watchung Reservation, Berkeley Heights, NJ

Leader: Ken Donhauser, cell 732-616-7409 for day of event only, kendonhauser@gmail.com

Start: 10:00 AM. Hike 4.5 miles on White Trail. One uphill with various outs if needed. Portable facilities available. Boots/poles recommended. Bring water.

Directions: See TSR Directions #2, Seeley's Pond.

THURSDAY, SEPTEMBER 26 — Norvin Green State Forest, Ringwood, NJ - cancelled

Leader: Louis Thompson, cell 732-239-1012, lot1@yahoo.com

Start: 9:30 AM. This will be an 8- to 9-mile hike with approximately 1,600 ft. elevation gain. We will start on the green trail, then blue to Wyankie High Point and red, orange, and yellow to the white to the waterfall. We will stay on the white to the yellow, then blue and green back to the parking lot. No facilities available. Boots/poles recommended. Bring: lunch, snack, water. Please note early start time.

Directions: See TSR Directions #4, New Weis Center.

THURSDAY, SEPTEMBER 26 — Cold Spring to Beacon, Cold Spring, NY - added hike, cancelled

Leader: Bill Correa, cell 917-656-3015, correa.bill@gmail.com

Start: 9:30 AM. This is a point to point hike so we will meet at 9:30 in Cold Spring and then drive/leave some cars at Beacon, where the hike ends. This strenuous 9- to 10-mile hike has 2500 ft. of elevation gain. We will take the “easier” blue trail from the red and not the more difficult yellow to the top of

Breakneck Ridge. There is a scramble up to the fire tower in Beacon with great views. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

Directions: See TSR Directions Cold Spring, NY.

ALT. THURSDAY, SEPTEMBER 26 — Tourne Park, West Entrance, Denville, NJ - cancelled

Leader: Diane Willer, cell 973-713-3066, dwiller34@gmail.com

Start: 10:00 AM. We will hike 5-6 miles with ups and downs, at a social pace. Portable facilities available. Bring: lunch, water.

FRIDAY, SEPTEMBER 27 — Delaware Water Gap National Recreation Area - change in hike

Leader: Julie Stanton, cell 917-972-0212 for day of event only, julienvc@msn.com

Start: 9:30 AM. A 6-mile hike with 1600' elevation gain. We will hike up to Mount Tammany at a slow but steady pace via the red dot trail gaining 1200' elevation in about 1.3 miles and then stop for a look at the view. We will then hike at a moderate pace on the blue trail to the green/Dunnfield Creek trail, cross the creek, turn onto the Holly Springs trail and then take the AT trail back to the parking lot. There is an early out to shorten the hike to about 3.5 miles. This is not a hike for beginners. The red dot trail is a very challenging and consistently rocky trail with steep inclines and the blue trail is a very rocky mostly downhill trail. Hikers must have proper hiking footwear and carry water. Collapsible poles are highly recommended for use on all trails but the red dot trail. Portable facilities available. Boots/poles recommended. Bring: snack, water. Please note early start time.

Directions: See TSR Directions #2, Dunnfield Creek/A. T. Parking Lot.



FRIDAY, SEPTEMBER 27 — Meadowlands Estuary Paddling Ctr., Secaucus, NJ - cancelled

Leader: Diana Rodriguez, cell 862-432-5421, drodlib@gmail.com

Start: 10:00 AM. This is the Rain Date should September 20 be cancelled. We will tour through the Meadowlands estuary, viewing the Manhattan skyline from a unique perspective with a thousand acres of protected wetlands in the foreground. Our guide will be a volunteer from the Hackensack River Keepers organization. We will look for herons, egrets, shorebirds, ducks, and other birds. Bring your binoculars or borrow a pair from the paddling center. The tour is approximately 2 ½ hours. Cost - \$30 for single kayaks, \$70 for tandem kayaks. 12 singles and 4 tandems are available. Rental includes life vests and paddles. Payment can be made on site using cash, all credit cards, and Apple Pay. \$20 if you bring your own kayak.

Monday evening Sept. 23rd is the cutoff point, as we need a head count. On our rain date for Sept 27, the tide will be ebbing towards low tide, so the tour will be teeming with wildlife! Paddlers will be able to wander the many meandering creeks and channels. Map of park can be found here — <https://www.honj.us/parks/laurel-hill-park/>. Click the link for "park brochure" on the website. Facilities available. Bring: lunch, snack, water, bug spray, hat/net. See Paddling General Instructions; a personal flotation device MUST BE WORN.

SATURDAY, SEPTEMBER 28 — Sterling Forest State Park, Tuxedo, NY

Leaders: Julie Stanton, cell 917-972-0212 for day of event only, julienvc@msn.com, Jan Smith, cell 646-734-6995, jan555smith@gmail.com

Start: 9:00 AM. Hike 8 to 8.5 miles with almost 1300 ft. of gain on the Fire Tower and Bare Rock trails. This hike starts with a gradual but steady climb to the Fire Tower and includes an extended steep downhill and several stream crossings. We will have a 10-15 minute snack/lunch stop at Bare Rock. Please note that there is little to no cell service in the parking lot. Facilities available. Boots/poles recommended. Bring: lunch, snack, water. Please note early start time.

Directions: See TSR Directions #1, Visitors Center.

SUNDAY, SEPTEMBER 29 — Pyramid Mountain, Montville, NJ - change in location

Leader: Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, shereestarrett@yahoo.com

Start: 10:00 AM. This will be a five mile hike at the leader's moderate pace. We will have two significant climbs with total elevation gain < 1000 feet. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray, sunscreen.

Directions: See TSR Directions #2, Parking lot #2

MONDAY, SEPTEMBER 30 — Loantaka Brook Reservation, Morris Twp., NJ

Leader: Linda Hetcher, cell 973-769-1773, linda.hetcher@gmail.com and Gail Biggs, 973-401-1262, cell 973-769-6860 for day of event only, biggs_gail@yahoo.com

Start: 10:00 AM. This is a traditional Monday hike/walk. Approximately 3 miles through the wooded horse trails. Flat terrain and easy pace. Facilities available. Boots/poles recommended. Bring water.

Directions: See TSR Directions #2, South Street.