

ALL TSR organized activities are for members only.

By signing up for an event, members agree to the waiver included at the top of the Signup page and also agree to abide by the procedures for our activities.

MONDAY, JULY 1 — Willowood Arboretum, Chester Township, NJ

Leader: Al MacLennan, cell 973-449-4696, MacLennan_Al@comcast.net

Start: 10:00 AM. The hike will be about 3 miles with several small hills. Facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.

Directions: 300 Longview Road, Far Hills, NJ.



MONDAY, JULY 1 — Rosedale Lake, Pennington, NJ

Leader: Gordon Thomas, cell 609-977-0267 for day of event only, thomasg0608@gmail.com

Start: 9:30 AM. For beginners - easy boat launch, generally calm winds, slow pace, approx. 2 miles around. There will be a discussion of paddling methods, birds and a grassy lunch spot. No rentals available on site. Facilities available. Bring: lunch, water. See Paddling General Instructions; a personal flotation device MUST BE WORN. Please note early start time.

Directions: Entrance to Rosedale Park is marked with a sign. 422 Federal City Rd, Pennington.

TUESDAY, JULY 2 — Cushetunk Mountain Preserve, Clinton Township, NJ

Leader: Gordon Thomas, cell 609-977-0267 for day of event only, thomasg0608@gmail.com

Start: 9:00 AM. 7 miles, challenging, 1200' elevation at a socially moderate pace. Lunch by Round Valley Reservoir. No facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

Directions: See TSR Directions #1, Old Mountain Road. Park on dirt lot off road.

TUESDAY, JULY 2 — Elk Pen, Harriman State Park, NY - added hike

Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com

Start: 9:00 AM. This is a 7-mile loop hike with about 1,200 feet of elevation gain, mostly in the first half of the hike. We will start climbing up on the AT, continue on the Long Path, the White Bar and Dunning trails to the Valley of Boulders, returning on the Stahahe Brook. Boots/poles recommended. Bring: lunch, water. Please note early start time. This is on the difficult end of a Tuesday hike, at a little quicker pace than typical.

TUESDAY, JULY 2 — D&R Canal, Colonial Park, Somerset, NJ - - added hike, SHOW AND GO, NOT on Signup Genius

Leader: Debby Bronner, cell 201-563-1648, debbybrunner@gmail.com

Start: 9 9 AM. We will walk along the Delaware and Raritan Canal for 6 miles with an easy out after 3 miles. This will be a moderate pace on a flat path. Bring: snack, water. Please note early start time.

Directions: See TSR Directions Colonial Park, #3 Parking Lot F.

WEDNESDAY, JULY 3 — Jockey Hollow National Park, Morristown, NJ

Leader: Gordon Thomas, cell 609-977-0267 for day of event only, thomasg0608@gmail.com

Start: 10:00 AM. 7-mile challenging hike, with several hills on dirt trails, 800' elev. at a socially moderate pace. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray.

Directions: See TSR Directions #1, Visitor Center.



WEDNESDAY, JULY 3 — Saxon Lake/Musconetcong River, Stanhope, NJ - added paddle

Leader: Diane Willer, cell 973-713-3066, dwiller34@gmail.com

Start: 10:00 AM. Paddles in the water at 10 am. We will paddle both upstream and downstream as the conditions allow, enjoying the wildlife. No facilities available. Bring: lunch, water. See Paddling General Instructions; a personal flotation device MUST BE WORN.

THURSDAY, JULY 4

No event is scheduled as of this printing. Leaders wishing to post an event are encouraged to do so at least two days prior to this date. Send the listing to TSRregistration@outlook.com.

ALT. THURSDAY, JULY 4 — Pyramid Mountain, Montville, NJ - change in location

Leader: Bernadette Miglin, cell 973-407-0049 for day of event only, bmiglin@yahoo.com

Start: A 5- to 6-mile hike at a moderate pace, approx. 3 hours including two or three stops for views, water, snack, etc. The trail is rated 'Moderate' by AllTrails with a 800 ft elevation gain. We will hike Pyramid Mtn, Tripod Rock, Bear Rock, Whale Head Rock. Boots/poles recommended. Bring: snack, water.

Directions: See TSR Directions #2, parking lot #2.

ALT. THURSDAY, JULY 4 — Norvin Green State Forest, Ringwood, NJ - added hike

Leader: Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, shereestarrett@yahoo.com

Start: 9:00 AM. We will hike 5-6 miles with < 1000 feet of elevation gain at the leaders' moderate pace. Exact route will be determined by the weather and conditions on the ground. We will pass one of the park's less frequently visited waterfalls. Boots/poles recommended. Bring: snack/light lunch, adequate water, sunscreen and insect repellent. Please note early start time.

Directions: See TSR Directions #4, New Weis Center.

FRIDAY, JULY 5 — Sourland Mountain Preserve, Hillsborough, NJ

Leader: Gordon Thomas, cell 609-977-0267 for day of event only, thomasg0608@gmail.com

Start: 9:30 AM. Hike 7 miles with 900' elevation gain at a socially moderate pace. There will be options for an early out. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

SATURDAY, JULY 6 — Columbia Trail, High Bridge, NJ - cancelled

Leader: Linda Hetcher, cell 973-769-1773, linda.hetcher@gmail.com

Start: 10:00 AM. This is a typical Wednesday hike over flat terrain. Trail is very wide with gravel surface. We will cover approximately 4.5 to 5 miles out and back. Attendees can decide to shorten the hike by leaving early. Portable facilities available. Bring: snack, water.

SUNDAY, JULY 7 — Hook Mountain, Nyack, NY - change in hike and start time

Leader: Ellen Blumenkrantz, cell 201-394-6253, Ellenblumenkrantz@hotmail.com

Start: 9:00 AM. 6 mile moderately packed hike with beautiful views of the Hudson River. The trail starts with a 500 ft. gradual ascent and then undulates across the top of the cliffs for total cumulation of about 1300 ft. No facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray, sunscreen. Please note early start time.

Directions: Palmer Drive in Nyack, NY dead ends at the trail entrance. Free street parking in the local neighborhood. DO NOT PARK at the official Nyack Beach State Park parking lot which is 1 mile away.

MONDAY, JULY 8 — Tourne Park, East Entrance, Boonton, NJ - cancelled

Leaders: Stan and Bev Kaltnecker, cell 201-602-4074, kaltneec1@aol.com

Start: 9:30 AM. This is a basically flat hike on the wooded Ogden Trail and looping back to the parking lot for a total of 3 miles. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

Directions: See TSR Directions #3, Baseball Field Parking Lot.

TUESDAY, JULY 9 — Old Short Hills Park, Short Hills, NJ - change in leader

Leader: Janine Beer, cell 201-694-7998, beerinnj@yahoo.com

Start: 9:30 AM. Moderately paced 6-mile hike with up and down climbs. Boots, poles, snacks, water and bug spray recommended. Please note early start time.

TUESDAY, JULY 9 — Sourland Mountain Preserve, Hillsborough, NJ - added hike

Leader: Tim Burman, cell 732-682-8684, timburman@gmail.com

Start: 10:00 AM. Hike will be 5 to 6 miles. Starts with a 300' gradual climb. If late rains it will be muddy. Nice spot for lunch along a stream. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.



TUESDAY, JULY 9 — The 7 Bridges Challenge, D&R Canal Towpath, Stockton, NJ - added bike

Leader: Linda Lang, cell 973-960-7421, allinkcorp@aol.com and Diana Rodriguez, cell 862-432-5421 day of event only, droadlib@gmail.com

Start: 10:00 AM. This is one of the 7 Bridges Challenges. Traveling from Bulls Island to Stockton and back. We will cross the Footbridge (2nd Bridge) to Lumberville and after a short jaunt on the road, travel down the D&R towpath. It is rocky on the Pa side, also the path narrows in one area and two areas where we need to dismount from bikes. One to travel under a bridge and the second to cart our bikes up the Stairs to Stockton, Centre Bridge. A little more work but the views of the Delaware River are not to be missed. This is the 3rd Bridge, Centre Bridge. A work around for those who have electric bikes or do not wish to carry their bike up the stairs to the bridge at Stockton is to ride down the towpath on the NJ side to meet in Stockton, stretch your legs and back up to Bulls Island on NJ side, where we will meet for lunch. This is a social Bike trip and is 7.3 miles. We will stop in Stockton. Bikers can purchase lunch at the Stockton General store to bring back to Bulls Island or pack a lunch. We will head back to Bulls Island where there is a grove with picnic tables for lunch. Portable facilities available. Bring: snack, lunch, water, bug spray, bike lock. A helmet MUST BE WORN.

Directions: Bulls Island Parking Lot, Bulls Island D&R State Park, 2185 Daniel Bray Hwy (NJ29), Stockton, NJ. From 287 South Travel 18 Miles to exit 17 for US 202/206. Continue to follow 202 S. After traffic circle take the 2nd exit for NJ-12 W. Stay on 12 till Frenchtown Flemington Rd then continue straight onto Sargeantsville Flemington Rd. At 8.7 miles turn onto Woverton Rd. At .3 miles turn onto NJ 29 N (also Daniel BrayHwy). At 2.7 miles turn left onto Quarry Rd. at .1 Mile turn into Bulls Island Recreation Center.

WEDNESDAY, JULY 10 — Watchung Reservation, Berkeley Heights, NJ

Leader: Dean Leistikow, 908-789-9413, cell 908-451-5192 for day of event only, leistikow@fordham.edu

Start: 10:00 AM. This will be a 4.5-mile easy hike, with one 30 foot near-vertical scramble (that can be avoided) and 500 feet of elevation gain. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.

Directions: See TSR Directions #2, Seeley's Pond.



WEDNESDAY, JULY 10 — Spruce Run Reservoir, NJ

Leader: Linda Lang, cell 973-960-7421, allinkcorp@aol.com

Start: 1:30 PM. This is a 3-hour "Intro To Paddling" session with Seasoned Paddling Instructors certified by the American Canoe Association (ACA) and with over 25 years experience as instructors. In this class you'll learn all the basic techniques necessary to get started including how to get into and out of a kayak, correct paddle handling, forward stroke, reverse stroke, turning and stopping. They will also introduce the wet exit and assisted re-entry so you will feel safe, comfortable and confident while on the water. \$60.00 (discounted fee for TSR Members), kayak and personal flotation device rental are included. Further instructions will be sent to those registered. Bring: water, bug spray. See Paddling General Instructions; a personal flotation device MUST BE WORN. Please note later start time.

THURSDAY, JULY 11 — Lake Sebago Boat Launch, Harriman State Park, NY

Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com

Start: 9:30 AM. This strenuous 7-mile hike makes multiple climbs up/towards Diamond Mt. just because. We start on the blue to the red and up the orange for the first climb, then down the orange to the white and up the blue for the second climb and lunch. Finally, we descend and ascend on the yellow before returning to the parking lot. Scrambles, steep climbs, water crossings. Note: cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.

ALT. THURSDAY, JULY 11 — Ramapo Valley County Reservation, Mahwah, NJ

Leader: Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, shereestarrett@yahoo.com

Start: 9:30 AM. This will be a 5- to 7-mile hike with about 1000 feet of elevation gain at the leader's moderate pace. Exact route will depend on weather and trail conditions. Steady rain cancels the hike. Facilities available. Boots/poles recommended. Bring: lunch, water, bug spray, sunscreen. Please note early start time.



THURSDAY, JULY 11 — Pompton River, Lincoln Park, NJ - correction to directions, cancelled

Leader: Pat Chorman, cell 973-902-3915, patrecha1@hotmail.com

Start: 10:00 AM at Boat Launch. Mellow paddle along the river, approximately 5 miles. No facilities available. Bring: snack, water, bug spray, hat. See Paddling General Instructions. A personal flotation device **MUST BE WORN**.

Directions: I-287 North to Exit 47, Montville/Lincoln Park. Turn left onto Rt. 202 North for about 5.5 miles to Aqueduct Park/put in on the left.

FRIDAY, JULY 12 — Lake Skannatati, Harriman State Park, NY - change in start time

Leader: Julie Stanton, cell 917-972-0212 for day of event only, julienyc@msn.com

Start: 9:00 AM. A 6- to 6.5-mile hike including an optional visit to an eerie mine shaft on the A-S, Dunning and Long Path trails. We will stop for a 10-15 minute snack/lunch break at Hogencamp Mountain. This hike has some steep ups and downs and a stream crossing. Note cell service is very poor/nonexistent at the trailhead. No facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.



FRIDAY, JULY 12 — D&R Canal, Princeton, NJ - change in leader and start time, cancelled

Leader: Linda Lang, cell 973-960-7421, allinkcorp@aol.com

Start: 11:00 AM. Canoe and kayak rentals available; advanced registration is recommended. We will go S (up slight current) 3 miles and back down. Assistance for boat launch and simple comments on paddling available. Pace not fast. Leader welcomes chat with paddlers about leading if anyone interested. Portable facilities available. Bring: snack, water, bug spray. See Paddling General Instructions; a personal flotation device **MUST BE WORN**. Please note later start time.

Directions: Meet at Griggstown Canoe Kayak Rental, 1076 Canal Rd, Princeton, NJ. From Route 206 South: take 206 South into Montgomery Township. Make a left on Belle Mead Griggstown Rd. Make a right at the first stop sign and follow to the end. Make left onto River Rd. and then a quick right onto the bridge (caution advised at this one-lane bridge). Proceed through park to Canoe Rental on left.

SATURDAY, JULY 13 — ~~TSR~~ TSR Annual Picnic, Morristown, NJ ~~TSR~~ - cancelled

Contacts: Carol Hodge or Jenny Monteleone, tsrsocialcommittee@gmail.com

Time: 11:30 PM at Lewis Morris Park, Sunrise Lake Area, Picnic Shelter C. Please note that the date is one week later than usual to avoid the July 4th weekend. The club provides everything needed: barbecued hamburgers, hot dogs and sides, (vegetarian alternatives), salads and desserts. But feel free to bring your own homemade desserts to share! Water is provided for your bottle. Registration for hikes prior to the picnic will be available on SignUp-Genius. There will be a swap table as well as equipment repair and knife sharpening services available from 9:30 AM to noon.

Please contact Carol or Jenny if you are willing to help WITH BARBECUE COOKING OR set up and/or clean up before and after the event. An email with more details and directions to the site will be sent to all members prior to the scheduled date.

Directions: See TSR Directions for Lewis Morris Park, #2. Walk down the hill (via the road at the far end of the parking lot) to the picnic area.

All hikes start at upper parking lot and end at picnic grounds unless otherwise noted. Boots and water recommended for all, poles for 4 and 5 miles only.

Hike #1

Leader: Willard Dye, 973-697-6823, cell day of hike only 973-570-7518

Start: 9:00 AM. 5 miles. We will hike at a moderate but steady pace, taking the Patriots path into Jockey Hollow where we will take the Yellow trail to connect to the Grand Loop. Fairly level with mostly gradual ups and downs, except for a sustained

uphill on the back side of the loop as we head towards Sugarloaf. If we have a large group expect the “slinky” method, meaning short pauses to allow the tail end of the group to get within view (but not resting) before continuing. Not a good choice for those who can't maintain the group's moderate pace. Facility stop at Jockey Hollow visitors center.

Hike #2

Leader: Bijoy Mechery, cell 908-487-8482, bmechery@msn.com

Start: 9:30 AM. 4 miles. Moderate hike crossing over to Jockey Hollow and taking the Aqua Duct trail and coming back by the Historic Soldiers Huts.

Hike #3

Leader: Stan Kaltnecker, cell 201-602-4074, kaltnecs1@aol.com

Start: 10:00 AM from the picnic pavilion. 3 miles. Circle around Sunrise Lake and cross Morristown-Mendham Rd (Rt 24) to Patriots Path and proceed along the Whippany river up to about East Main St and return on the same route. The trail is basically flat.

Hike #4

Leader: Gordon Thomas, cell 609-977-0267 for day of event only, thomasg0608@gmail.com

Start: 10:30 AM. 2 miles. Walk at a leisurely pace for 2 miles out and back with elevation of 150 feet.

SUNDAY, JULY 14 — Tourne Park, West Entrance, Denville, NJ

Leader: Bill LaChance, cell 973-216-8748, bill@wiladvisors.com

Start: 10:00 AM. We will do a 4- to 5-mile hike at a moderate pace, approx. 2 1/2 hours. Boots/poles recommended. Bring: snack, water.

MONDAY, JULY 15 — South Mountain Reservation, Millburn/Maplewood, NJ - cancelled

Leader: Donna Burkat, cell 973-454-5635, busybees813@yahoo.com

Start: 10:00 AM. This will be a 3- to 4-mile flat hike. Boots/poles recommended. Bring: water, bug spray.

Directions: Turn in from South Orange Ave. onto Crest Drive towards the Dog Park. We will meet on that road by the first lookout spot.

MONDAY, JULY 15 — South Mountain Reservation, West Orange, NJ - added hike

Leader: Gail Waimon, cell 973-229-7414, gswaimon@comcast.net

Start: 9:00 AM. A 3 mile hike. Portable facilities available. Boots/poles recommended. Bring: water, bug spray. Please note early start time.

Directions: See TSR Directions #8, Tulip Springs.



MONDAY, JULY 15 — Lake Lefferts Fishing Spot, Matawan, NJ - cancelled

Leader: Helen Lippman, cell 973-747-2770, helenlipp01@gmail.com

Start: 10:00 AM. About 4 miles around the lake. Enjoy lots of turtles and bird life. Lunch to follow at MJ's Restaurant Bar and Grill overlooking Lake Lefferts. No facilities available. Bring: snack, water, hat. See Paddling General Instructions; a personal flotation device MUST BE WORN.

Directions: GSP South to Exit 120 toward Matawan/Lawrence Harbor (0.3 miles), then slight right onto Matawan Rd. Go 0.4 miles (street name changes to Morristown Rd.), then right onto Ravine Drive. Lake Lefferts Lakefront Park is in 1.1 mile.

TUESDAY, JULY 16 — Pyramid Mountain, Montville, NJ - added hike

Leader: Louis Thompson, cell 732-239-1012, ltpt1@yahoo.com

Start: 9:30 AM. We will hike 5 to 6 miles on the Turkey Mt side at a moderate pace, on the yellow, white, yellow, blue and orange, past the cascades, and the Lake Valhalla overlook. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water.

Directions: See TSR Directions #1, Visitors Center.

WEDNESDAY, JULY 17 — Cushetunk Mountain Preserve, Clinton Township, NJ - change in leader

Leader: Tim Burman, cell 732-682-8684, timburman@gmail.com

Start: 9:30 AM. Not difficult 5-mile hike with approx. 500' elevation, some rocky trails. Lunch by Round Valley Reservoir. No facilities available. Boots/poles recommended. Please note early start time.

Directions: See TSR Directions #1, Old Mountain Road.

THURSDAY, JULY 18 — Ramapo Mountain State Forest, Oakland, NJ

Leader: Dean Leistikow, 908-789-9413, cell 908-451-5192 for day of event only, leistikow@fordham.edu

Start: 9:30 AM. This hike will be 8.5 miles and somewhat strenuous (via blue, red, Wanaque Ridge, Castle, etc. trails) with 1500 ft. elevation gain. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

Directions: See TSR Directions, Lower Lot.

ALT. THURSDAY, JULY 18 — Farny Area, Rockaway, NJ - change in leader

Leader: Nancy Sierra, cell 908-347-0690, nsm_d_solo@yahoo.com

Start: 10:00 AM. We will hike 6.5 miles to Wildcat Ridge and Beaver Pond on various trails at a moderate pace. Not for beginners, 945 ft elevation gain. A few hundred feet from the start, we'll make a short stop to check out the Batcave. Lunch stop at Hawkwatch Wildcat Ridge. On the way back, we'll make a brief stop at the defunct St. Patrick's Cemetery, the site of an old mining town abandoned in the late 1800s. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.

Directions: See TSR Directions #1, Four Birds South Lot.

FRIDAY, JULY 19 — South Mountain Reservation, Millburn, NJ - cancelled

Leader: Donna Burkat, cell 973-454-5635, busybees813@yahoo.com

Start: 9:30 AM. Approximately a 5 to 6 mile hike with 600' to 700' elevation gain at a moderate pace up and down hills. Portable facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.

Directions: See TSR Directions #4, Locust Grove.

FRIDAY, JULY 19 — South Mountain Reservation, Millburn, NJ - added hike

Leader: Philip Ross, cell 732-221-9668, skyking72@gmail.com

Start: 9:00 AM. A moderately strenuous 9-mile cloverleaf (early out possible for 5 or 7 miles) at a brisk pace (2+ mph) with 1400 ft elevation gain, possible water crossings and some steep ascents/descents. This hike is not for beginners. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

Directions: See TSR Directions #4, Locust Grove.



FRIDAY, JULY 19 — Cranford Canoe Club, Cranford, NJ

Leaders: Linda Lang, cell 973-960-7421, allinkcorp@aol.com, Charles Ferrigno, 908-687-2729, cell 201-259-1920 for day of event only, chasperp@verizon.net

Start: 11:00 AM. Paddle the Rahway River thru Cranford. Paddle past back yards and parks. Cranford is known as the Venice of New Jersey with its many bridges and waterways. You will need to rent for this trip unless you have a Union County Pass, which can be purchased for the life of your boat through Union County. Facilities and picnic tables are available. You can bring lunch or buy. Kayak/Canoe Rental costs are as follows: \$30 per canoe for 2 hours. \$30 per kayak for 2 hours, \$40 per tandem kayak for 2 hours. You will need to handle your own rentals, which can be done on site the same day. To reach Cranford Canoe Club, please call (908)709-7285 during working hours or email at contactus@cranfordcanoecub.com. Facilities available. Bring: lunch, snack, water, bug spray, hat, money to buy lunch. See Paddling General Instructions; a personal flotation device MUST BE WORN. Please note later start time.

Directions: Cranford Canoe Club, 250 Springfield Avenue. From 78 East and West Take Exit 49 to town of Springfield. Take Springfield Ave. to Meisel Ave. From Meisel Ave. head to South Springfield Ave. and cross over Route 22. Follow Springfield Ave. past Union County College. We are on the corner of Orange and Springfield Ave., at the next light. From Garden State Parkway North and South take Exit 137 and bear right on ramp. At 3rd light make a

right onto Springfield Avenue. We are located at the intersection of Orange Ave. and Springfield Ave., at the second light.

SATURDAY, JULY 20 — Eagle Rock Reservation, West Orange, NJ

Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 for day of event only, no texts please, jaydib41090@peoplepc.com

Start: 9:00 AM. This is a 4- to 5-mile hike over gently rolling terrain with a few hills. Park between the 9/11 memorial and the restaurant. Portable facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

SUNDAY, JULY 21 — South Mountain Reservation, Millburn, NJ

Leader: Philip Ross, cell 732-221-9668, skyking72@gmail.com

Start: 8:30 AM. Moderately strenuous 9-mile clover-leaf loop at brisk pace (2+ mph) with 1400 feet elevation gain, possible water crossings and some steep ascents/descents. This hike is not for beginners. Early out possible. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

Directions: See TSR Directions #4, Locust Grove.

MONDAY, JULY 22 — Jockey Hollow National Park, Morristown, NJ - change in leader and start time

Leader: Gail Biggs, 973-401-1262, cell 973-769-6860 on day of event only, bigsgail@yahoo.com

Start: 9:30 AM. A 4-mile moderate paced hike. Facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.

Directions: See TSR Directions #1, Visitor Center.

TUESDAY, JULY 23 — Ramapo Valley County Reservation, Mahwah, NJ - change in hike

Leader: Jodi Ordovery, cell 201-264-4206, jodi.ordover@gmail.com

Start: 9:30 AM. We will hike 5-7 miles on leaders' choice or trails, depending on weather conditions, with about 1,000 feet elevation gain. Facilities available. Boots/poles recommended. Bring: lunch, water. Please note early start time.



TUESDAY, JULY 23 — White Lake, Blairstown, NJ - cancelled

Leader: Linda Lang, cell 973-960-7421, allinkcorp@aol.com

Start: 3:00 PM. This is FREE of charge. For one hour, kayaks, paddles, and PFDs will be provided to you. There will be time slots of 4:00, 5:00 and 6:00 pm. There are 3 single kayaks and 2 tandems. Only 7 at a time can go out, a total of 21 over the course of the evening. Please show up for late lunch/ early dinner at 3:00 pm. Kayakers will be out for an hour at 4 pm, 5 pm and 6 pm. First come, first served. The White Lake Natural Resource Area is a beautiful 396-acre preserve. The park's most notable feature, White Lake, is a deep 69-acre spring fed water body. The lake is named after the white chalky marl bottom which is composed of freshwater mollusk shells and clay. There are also picnic tables set up in this beautiful area overlooking the lake. Portable facilities available. Bring: lunch/dinner, water, bug spray. See Paddling General Instructions; a personal flotation device MUST BE WORN. Please note later start time.

WEDNESDAY, JULY 24 — Reeves Meadow, Harriman State Park, NY - cancelled

Leader: Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, shereestarrett@yahoo.com

Start: 9:30 AM. This will be a 6-mile hike with approximately 1200 feet of elevation. Exact route will depend upon weather and trail conditions. Facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

THURSDAY, JULY 25 — Norvin Green State Forest, Ringwood, NJ - change in start time

Leader: Dianne Jones, cell 973-224-3967, diannejones428@gmail.com

Start: 9:00 AM. We will hike the Hewitt-Butler trail from Weis Ecology, over High Point and Yoo Hoo Point, past the Otter Hole cascades, to the views along Torne Mt., and to the 360 degree view at Osio Rock. We will return via the more level Otter Hole Trail. This moderately strenuous hike will be about 9 miles long. Expect about 1700 ft elevation gain, including steep ups and downs near Osio Rock. Boots/poles recommended. Bring: lunch, water.

Directions: See TSR Directions #4, New Weis Center.

ALT. THURSDAY, JULY 25 — Cooper Mill, Chester, NJ

Leader: Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, shereestarrett@yahoo.com

Start: 9:30 AM. This will be a 6- to 7-mile hike along the Black River with approximately 700 feet of elevation gain. This is one of our most scenic hikes. The pace will be sociable. Steady rain will cancel the hike. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray, sunscreen. Please note early start time.

FRIDAY, JULY 26 — Jonathan Woods, Denville, NJ

Leader: Julie Stanton, cell 917-972-0212 for day of event only, julienyc@msn.com

Start: 9:30 AM. Hike approximately 5 miles with less than 500' of elevation gain on a variety of trails. There are a few hills and some rocky sections on this hike. No facilities available. Boots/poles recommended. Bring: snack, water, bug spray. Please note early start time.



FRIDAY, JULY 26 — Pompton Lake, Pompton Lakes, NJ

Leader: Diane Willer, cell 973-713-3066, dwiller34@gmail.com

Start: 10:00 AM at Potash Lake Recreation Area boat launch. We will explore the coves and enjoy the wildlife as we hug the shoreline of this pretty lake in the shadow of the Ramapo Mountains. No facilities available. Bring: lunch, water. See Paddling General Instructions; a personal flotation device MUST BE WORN.

Directions: GPS 41°01.442' N, 74°15.505' W. From I-287 N, take Exit 57 towards Skyline Drive/Ringwood. In 0.5 miles turn right onto West Oakland Avenue. Go 0.4 miles to the parking lot on the left.

SATURDAY, JULY 27 — Lake Sebago Boat Launch, Harriman State Park, NY - added hike

Leader: Sheree Bennett, 973-857-0543, cell 973-932-9466 for day of event only, no texts please, shereestarrett@yahoo.com

Start: 9:00 AM. This is a 6- to 7-mile easy to moderately-paced loop from Lake Sebago to Pine Meadow Lake. Trails include some rocky sections with < 1000 feet of elevation gain. Lunch will be at Pine Meadow Lake with time to get your feet wet. Note: cell service is very poor/nonexistent at the trailhead. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray and sunscreen. Please note early start time.

SUNDAY, JULY 28 — Ramapo Mountain State Forest, Haskell, NJ

Leader: Jay Dibble, 908-289-8813, cell 908-209-2936 for day of event only, no texts please, jaydib41090@peoplepc.com

Start: 9:00 AM. 6 miles over varied terrain (easy, moderate and strenuous). I'll relate the history of the castle ruins. No facilities available. Boots/poles recommended. Bring: lunch, water, bug spray. Please note early start time.

Directions: See TSR Directions to Ramapo Mountain State Forest, West Side, Back Beach Park.

MONDAY, JULY 29 — South Mountain Reservation, West Orange, NJ

Leader: Fred Bennett, 973-857-0543, cell 973-204-0253, starben62@yahoo.com

Start: 9:30 AM. Mostly an out and back hike, about 3 miles on level terrain. Portable facilities available. Boots/poles recommended. Bring: water, bug spray. Please note early start time.

Directions: See TSR Directions #8, Tulip Springs.

TUESDAY, JULY 30 — Colonial Park, Somerset, NJ

Leader: Debby Bronner, cell 201-563-1648, debbybrunner@gmail.com

Start: 9:00 AM. We will walk along the Delaware and Raritan Canal for approximately 6 miles at a moderate pace on a flat path. Facilities available. Boots/poles recommended. Bring: lunch, snack, water, bug spray. Please note early start time.

Directions: Meet at Parking Lot F, Perennial Gardens. GPS Coordinates: 40.5110106, -74.5714050. See TSR Directions for Colonial Park, #2, Parking Lot A, but Lot F is next to it.

WEDNESDAY, JULY 31 — Watchung Reservation, Berkeley Heights, NJ - added hike

Leader: Dean Leistikow, 908-789-9413, cell 908-451-5192 for day of event only, leistikow@fordham.edu

Start: 10:00 AM. This will be a 4.5-mile easy hike, with one 30 foot near-vertical scramble (that can be avoided) and 500 feet of elevation gain. Portable facilities available. Boots/poles recommended. Bring: lunch, water, bug spray.

Directions: See TSR Directions #2, Seeley's Pond.